



Will my actions during my lifetime have a lasting impact?

While my actions influence the present will they be significant in the distant future?

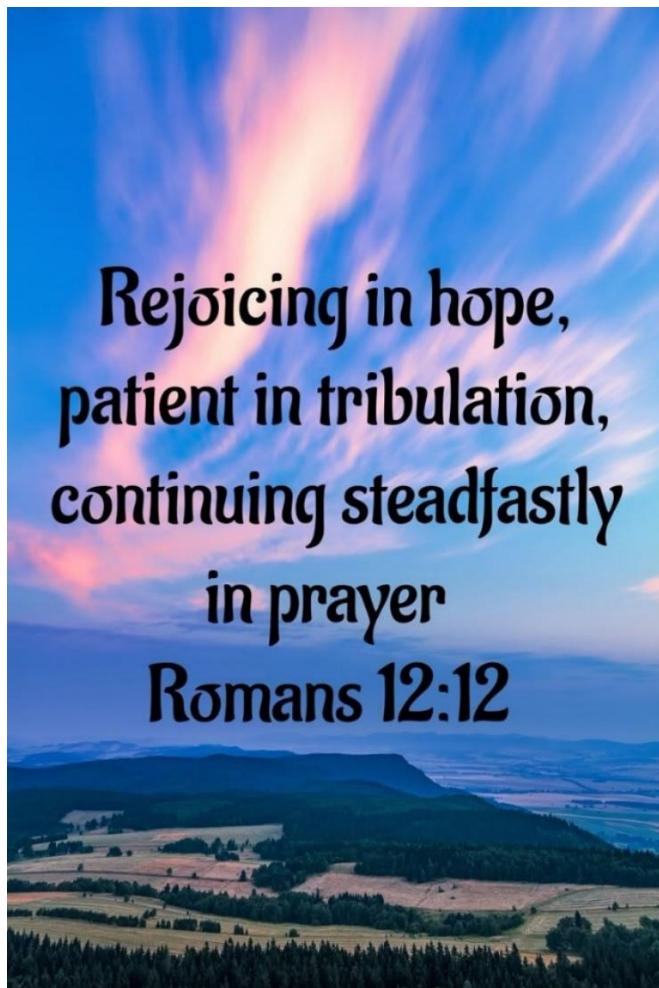
Will the positive outcomes of my commitment to love and justice endure over time?

Jesus gave us the answer to that question:

*You did not choose me, but I chose you and appointed you so that you might go and bear fruit—fruit that will last—and so that whatever you ask in my name the Father will give you. **John 15:16***

If our life is connected by faith, hope, and love, we will bear “fruit that will last”

HAVE HOPE



**Rejoicing in hope,
patient in tribulation,
continuing steadfastly
in prayer**

Romans 12:12

Why do those people with real, genuine faith seem to be people of peace, people with peace?

Faith in God's unconditional love gives them hope.

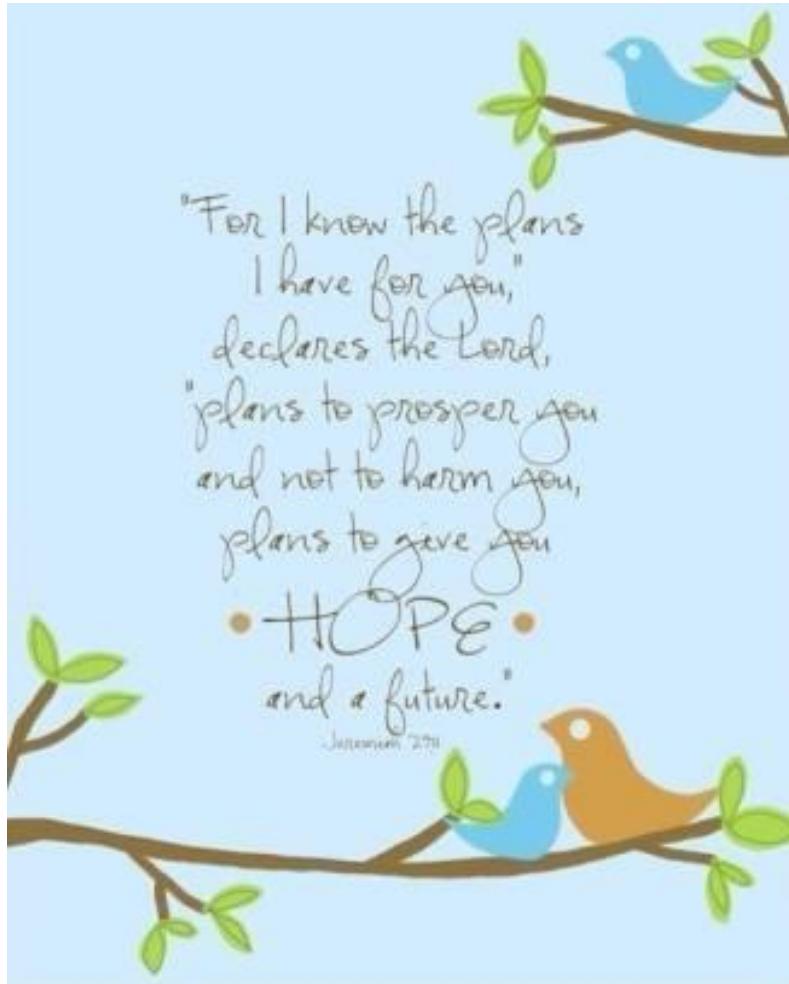
"The person of faith is not one who believes that God can do everything, but the one who believes that he or she can obtain everything from God." Anon.

The Bible reveals the absolute unconditional and irrevocable love God has for his children. This is shown in Christ who both died and rose again for us.

*I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me. **Galatians 2:20***

Prayer: Lord, strengthen my hope in you. Amen.

HOPE BRINGS LIFE



The French philosopher Gabriel Marcel wrote:

"Where hope is lacking, the soul dries up and withers."

Hope is a virtue that is critical for survival in life. Without hope we die physically, emotionally, and spiritually.

In his book *Man's Search for Meaning*, Viktor Frankl observed other prisoners in a Nazi concentration camp. He noted that those who had hope in being rescued lived on. Those who gave up died.

Be alive! Have hope in something real.

The most real thing is the presence and providential plan of God for you.

Prayer: Lord, help me to grow in belief of your presence and plan for me. Amen.

LOVE BREEDS HOPE

MY COMMAND
IS THIS: LOVE
EACH OTHER
AS I HAVE
LOVED YOU.

JOHN 15:12

NL

We place some of our hope in other people—family members, friends, coworkers, or neighbours.

That feeling of hope and expectation brightens our life.

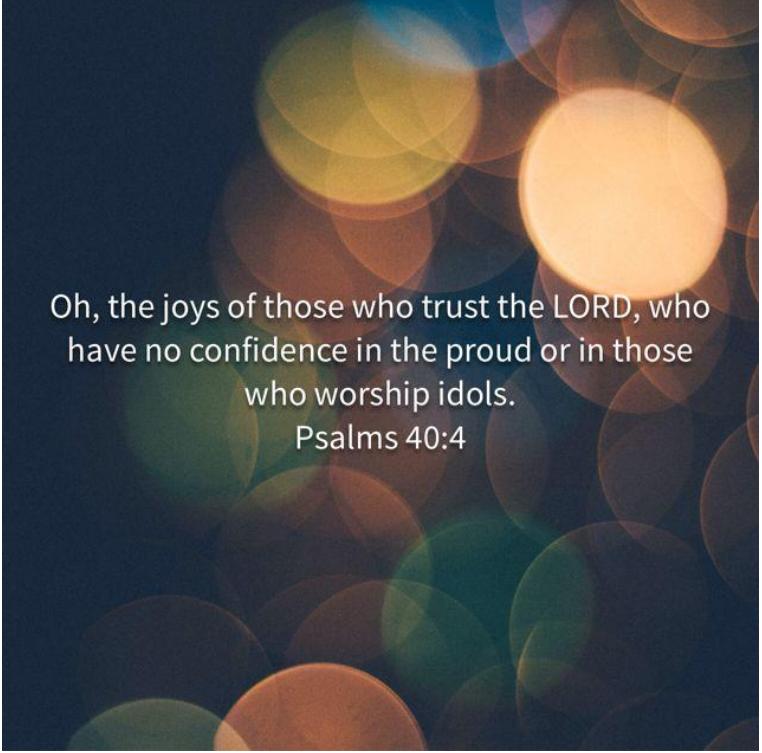
Others are placing some of their hope, trust, or confidence in you and me: a listening ear, compassion, a smile, or something we can give them.

It is love that moves our mind and heart to answer the hope they place in us.

Love and pray for those who place some hope in you. They won't be disappointed because they will sense your love for them.

Prayer: Lord, inspire me to love so that you can inspire the hope others need. Amen.

REJOICE IN HOPE



Oh, the joys of those who trust the LORD, who have no confidence in the proud or in those who worship idols.

Psalms 40:4

Hope is essential for survival.

We should persevere in prayer to our loving heavenly Father to reinforce our hope for the future.

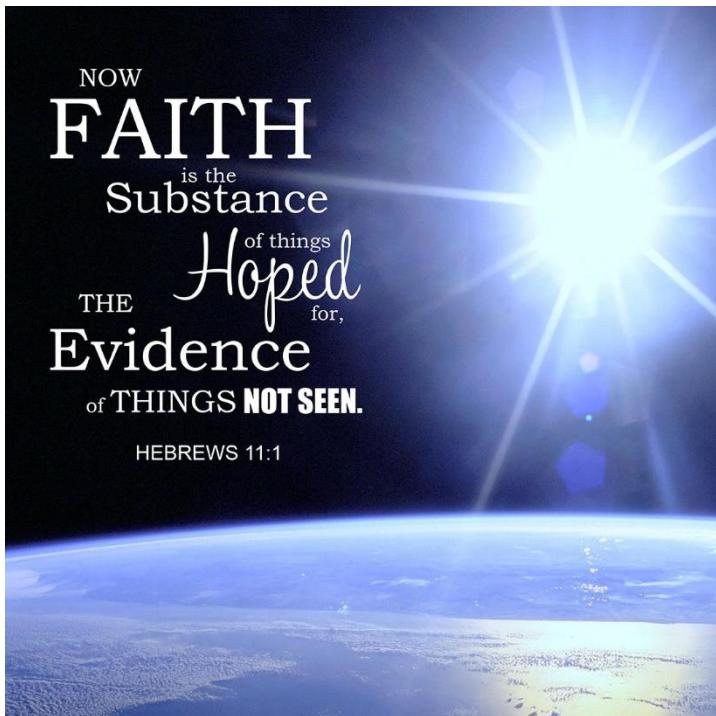
In the Hebrew Scriptures the Jewish people were called the “People of Hope.”

Pick up the Jewish book of prayer, the Psalms, and meditate on the messages of hope found there. With prayer comes hope.

With hope comes life!

Prayer: Father, help me to truly abandon with the greatest trust every moment of my life into your loving hands. Amen.

THE ANCHOR OF HOPE



The person who believes and trusts in God, has far less fear because he or she senses God's presence, care, and protection.

In the Scriptures, hope is visualized as an anchor. By hope we are anchored to Christ, so we don't go adrift.

He comes to us spiritually to be our anchor amid the storms of life.

Be open to him.

Prayer: Lord, it is so easy for me to drift. Be my anchor. Amen.